Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: KZK

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Decock Maaike

Coaches: Duck Chantal

Coaches: Christiaens Marloes

Coaches: Derumeaux Andrew HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 32: 100M FREESTYLE WOMEN 13+ — Heat:5, starttime: 14:05

Heat: 5/14 Lane : 3 Athlete: LEMAHIEU LUCIE — **Q-time: 01:12:31**

PB (25m pool): 01:12.31 Brugge 04/10/2026 **PB (50m pool):** 01:14.57 **SB:** 01:12.31 Brugge 04/10/2026

	25M	50M	75M	100M	
PB		00:35.09		01:12.31	
	00:35.09		*00:37.22*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 33: 200M MEDLEY MEN 13+ — Heat:3, starttime: 14:30

Heat: 3/10 Lane : 4 Athlete: VICTOR SAM — **Q-time: 02:52:66**

PB (25m pool): 02:52.66 DIKSMUIDE 30/11/2025 **PB (50m pool):** 02:56.53 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:37.98		01:21.71		02:14.00		02:52.66
	00:37.98		*00:43.73*		*00:52.29*		*00:38.66*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 33: 200M MEDLEY MEN 13+ — Heat:9, starttime: 14:50

Heat: 9/10 Lane : 3 Athlete: THUYLIE VIC — **Q-time: 02:29:05**

PB (25m pool): 02:29.05 Brugge 04/10/2026 **PB (50m pool):** 02:30.74 **SB:** 02:29.05 Brugge 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:32.65		01:10.35		01:54.90		02:29.05
	00:32.65		*00:37.70*		*00:44.55*		*00:34.15*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: KZK

Event number: 34: 100M BACKSTROKE WOMEN 11-12 — Heat:2, starttime: 15:00

Heat: 2/11 Lane : 1 Athlete: VANDENBERGHE CHARLOTTE — **Q-time: 01:42:90**

PB (25m pool): 01:42.90 Veurne 19/10/2025 **PB (50m pool):** 01:33.40 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:49.69		01:42.90	
		00:49.69		*00:53.21*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11-12 — Heat:9, starttime: 15:20

Heat: 9/11 Lane : 2 Athlete: VERVENNE MATHILDA — **Q-time: 01:25:40**

PB (25m pool): 01:25.40 Brugge 04/10/2026 **PB (50m pool):** 01:27.31 **SB:** 01:25.40 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:40.07		01:25.40	
		00:40.07		*00:45.33*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11-12 — Heat:11, starttime: 15:25

Heat: 11/11 Lane : 3 Athlete: VANSTEENKISTE MARILOU — **Q-time: 01:21:44**

PB (25m pool): 01:21.44 Brugge 04/10/2026 **PB (50m pool):** 01:25.91 **SB:** 01:21.44 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:39.02		01:21.44	
		00:39.02		*00:42.42*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 35: 200M MEDLEY MEN 11-12 — Heat:3, starttime: 15:35

Heat: 3/7 Lane : 8 Athlete: DECONINCK LUCA — **Q-time: 03:26:32**

PB (25m pool): 03:26.32 DIKSMUIDE 30/11/2025 **PB (50m pool):** 03:02.88 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:49.44		01:40.58		02:38.77		03:26.32
		00:49.44		*00:51.14*		*00:58.19*		*00:47.55*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: KZK

Event number: 35: 200M MEDLEY MEN 11-12 **Heat:7, starttime: 15:50**

Heat: 7/7 Lane : 7 Athlete: CALLEWAERT JEF **Q-time: 03:03:86**

PB (25m pool): 03:03.86 Meulebeke 10/05/2026 **PB (50m pool):** 03:17.63 **SB:** 03:05.81 Brugge 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:42.41		no time		no time		03:03.86
		00:42.41						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: